

## DANCING ON HOT COALS

### CHAPTER 1 | TEACHING SEGMENT 1

(PLEASE WATCH THE STORY SEGMENTS CONNECTED TO THIS CHAPTER)

#### OUTLINE

YOU ARE CALLED TO LIVE A LIFE OF FREEDOM AND VICTORY.

#### PREMISE:

- Understand your **WHY**
- **DEFINE** yourself correctly

#### 1. THE FIRE REVEALS YOUR PURPOSE (Pages 2–4)

- A. You are able to persevere when you understand your purpose and your *why*
- B. People will judge you according to the circumstances of your life

We will only rise to the level of people's beliefs when we \_\_\_\_\_

#### 2. THE FIRE DETERMINES THE DIRECTION AND OUTCOME OF OUR FUTURE

- A. Ask yourself, "*What is the motive behind what I do? Why am I doing what I am doing?*"
- B. When we understand our *WHY* we will go through the *HOW'S* of life with confidence and trust in God.
- C. Focus on your *WHY* and then you will find answers to your *HOW*.
- D. Ask yourself a few more questions: "*Why are you here on this earth? Why do you believe in God? Why are you doing this particular calling/ministry/job?*"

### 3. THE WHY PUSHES YOU TO ACTION, GIVES YOU CONFIDENCE, CAUSES YOU TO OVERCOME THE CIRCUMSTANCES

- Your *WHY* must be bigger than your challenge!

### 4. CREATING YOUR IDENTITY (Page 5)

- Identify yourself according to the Word of God
  - Who do you see yourself as?
  - Define yourself based on character, value, belief, and motivation, not according to your accomplishments
- A. Become a disputer of negative beliefs.
- Whom have you given permission to speak into your life and why?*
- B. Rise to the level of God's belief about you rather than people's opinions
- C. Everything has already been placed inside you. All you have to do is discover your gifts.
- D. Your life is your belief in your present reality. You can change your belief by creating new pictures and new realities about yourself.

### 5. THE FORMATION OF OUR BELIEFS AND TRUTHS

- A. How is pride born? How do we maintain a lifestyle of humility? (Page 5)
- B. Pride is born when we choose to believe in exaggerated view of ourselves.
- C. Information comes to us through hearing and perceiving; we relate the information to previous experiences and choose to either adopt or dismiss the information.
- D. Often we make decisions based on past experiences, not on future opportunities.
- We try to preserve the status quo and zone of safety.

E. When you achieve something, ALWAYS affirm your accomplishment in PRESENT TENSE.

Tell yourself, *"This is my NEW normal!"* each time you accomplish something new.

This way the neurons of the brain assimilate your success as normal; therefore it becomes a part of you.

## 6. DIFFERENCE BETWEEN HUMILITY AND FALSE HUMILITY

A. False humility pushes away compliments (fear-based, looks for validation)

B. False humility is dependent upon everyone else's opinions about you

C. True humility is dependent upon God's value and opinion of you, as well as your choice to believe God's truth that you are created in His image

D. Is your belief matching the belief of how God sees you?

E. On what level do you compliment people? How are you complimenting yourself?

*If you are holding yourself in disregard, you will also disregard the value of everyone else.*

Understand your value based on your purpose.

**TAKE TIME TO THINK AND DISCOVER:** *What type of value do I bring to those around me and to the world? What is the bigger purpose of my life?*

**\*\* PLEASE CONTINUE TO CHAPTER 1 – TEACHING SEGMENT 2**