

LIBERATED FROM INVISIBLE CRUTCHES

CHAPTER 6 | TEACHING SEGMENT 1

(PLEASE WATCH THE STORY SEGMENTS CONNECTED TO THIS CHAPTER)

OUTLINE

**JESUS MEETS US AT THE WELL OF OUR SOUL,
BRINGING LIVING WATER THAT FILLS OUR EMPTINESS**

PREMISE:

- When we **RELEASE** our invisible crutches, freedom replaces bondage
- Jesus is **PRESENT** in our lives each day

1. OUR INVISIBLE CRUTCHES

A. Learning to let go

- Like children afraid to let go of their bike's training wheels, we too have invisible crutches we hold on to even in adulthood, believing that these things that have outgrown their season will bring comfort in times of loss.
- Though Ceitci's training wheels kept her from maneuvering her bike quickly, she was upset when they were removed without her permission. Often, this is how we act when certain things are lost or taken from us.
- Other times, God removes us from circumstances, people, or things we are holding on to, so that we can release them and experience a new level of freedom.

2. THE SAMARITAN WOMAN AT THE WELL

A. From shame to freedom

- When the Samaritan woman came to Jacob's well at noon, she thought no one would be there and she would be hidden in her shame. She saw herself as a failure, not good enough. In those days, men had the power; women did not have the education or financial stability to survive on their own.
- Yet she met Jesus there at the well, the One who desired to free her from her invisible crutches and the stigma she was holding over her life from her culture and shame of past relationships.
- When Jesus revealed her past to her, He wasn't trying to shame or expose her, but to bring it to light so she could be liberated and walk away receiving a new life.
- He bypassed the cultural disadvantages and religious mindset, and He met and freed a woman dying in bondage.

B. Jesus brings redemption

- Jesus comes to all of us at the well of our soul. Whatever we are trying to draw from to fill our emptiness, He is waiting for us there, wanting us to remove our invisible crutches and longing to give us a new, full life.
- Though the enemy of our soul causes division, Jesus comes in the middle and equalizes the power of love among all people.
- He loves each of us, regardless of background and mistakes, and brings us to Himself by the redemptive power of His love and revelation.

C. Our relational God (see page 95)

- He is always available to speak with us individually.
- He will stay in the conversation until He has brought us from a place of anxiety to a place of refuge. He's not uncomfortable with our imperfections.

- Nothing we have done or will do intimidates Him or causes Him to reject us. He is present in our messy lives every day. Remember that truth!
- He bypasses religious, cultural, and human mindsets that cause us to live in isolation.

D. Redemption for a village (John 4:4–42)

- Jesus brought redemption not only to one broken woman, but to the entire Samaritan culture.
- First He revealed Himself to the Samaritan woman through unspoken revelation; she had to decide, “Is he a prophet? He knows about my life, yet I don’t feel condemned or shamed.”
- She ran to her people and testified, the first woman evangelist to show the revelation of who Christ was in her life. The entire village came to see the Messiah!
- When we meet Him face to face, we can never go back and not testify. We have had an encounter with the living God and new freedom and connection have been birthed.
- When the village came to see Jesus, they now had their own personal encounter with Him.
- When we meet Him, we transition our grief, rejection, and past failures into a present reality where they can live in a restored sense in our mindset and soul.
- When an entire community comes together to celebrate and grieve, they can experience a cultural transition and repositioning from sadness to joy.

**** PLEASE CONTINUE TO CHAPTER 6 – TEACHING SEGMENT 2**